

Penguins are Future Focused!

University High School: Education Career Action Plan (ECAP)

What is ECAP?

In 2008, the State Board of Education approved ECAPs for all Arizona students in grade 9-12. The goal of an ECAP is to guide students through an exploration and planning process to ensure a seamless transition from high school graduation to their chosen postsecondary pathway. The process involves self-exploration, career-exploration, and career planning and management activities, in which students learn about themselves and the postsecondary options available to them. This process allows students to connect academic courses and extracurricular activities to career goals that are aligned to individual interests, skills, and values. The resulting portfolio or plan is a compilation of academic course work, extracurricular activities, career aspirations, and a postsecondary plan for reaching career goals.

**Additionally, to best support UHS students through the college application process, students at UHS will turn in parts of their ECAP plan in their Senior Portfolio due August of their senior year.

What can I do as a parent or guardian?

During the school year, your student will explore interests, careers, colleges, scholarships, and more. However, parents and families play a critical role in helping students plan for postsecondary success by providing support and guidance. We invite you to engage with the ECAP process and help your student reach their postsecondary education and career goals. Talk with your child at home about their strengths and talents, their future aspirations, and what type of postsecondary pathway they might be interested in: career, technical school, two-year college, four-year university, apprenticeships, military or volunteer service, etc.

When will my student work on their ECAP?

University High School uses multiple ways to engage students in ECAP activities, class visits, lunch period events/guest speakers, ½ day events, and **Future Focused Meetings**. Each year students in grades 9th-11th attend a Future Focused Meetings during conference period to guide students through college & career exploration & preparation. These meetings are meant to serve as ways to get students thinking about their futures, individual meetings with counselors and the college & career readiness coordinator are highly encouraged as well.

Future Focused Meetings 2021-22

All meetings will take place during conference period at 8:00am on the assigned date in room 223. Students are expected to show up on time and stay for the duration of conference period. *11th grade students will meet twice

Grade	Date	Teacher & Periods
11 th	November 2	Hoyt 1 st & 2 nd periods
	November 16	Hoyt 3 rd , 5 th , & 6 th periods
	November 23	Hilbert 1 st & 2 nd periods
	November 30	Hilbert 4 th , 5 th , & 6 th periods
9 th	January 4	Balzer 2 nd & 3 rd periods
	January 11	Balzer 4 th & 5 th periods
	January 25	Ross 1 st & 3 rd periods
	February 1	Ross 4 th , 5 th , & 6 th periods
10 th	February 15	Bennett 2 nd & 6 th periods
	February 22	Mitchell 1 st & 2 nd periods
	March 1	Mitchell 3 rd , 4 th , & 5 th periods
	March 8	Mirano 1 st & 2 nd periods
	March 22	Mirano 4 th , 5 th , & 6 th periods
11 th	April 5	Hoyt 1 st & 2 nd periods
	April 12	Hoyt 3 rd , 5 th , & 6 th periods
	April 19	Hilbert 1 st & 2 nd periods
	April 26	Hilbert 4 th , 5 th , & 6 th periods