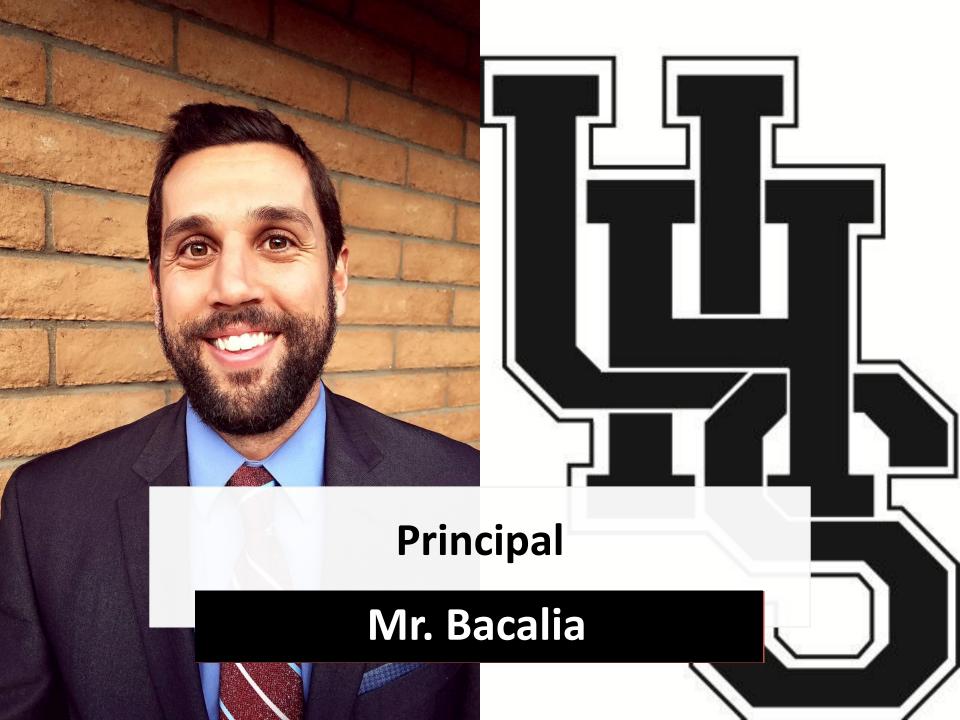


Welcome Class of 2024



Principal Bacalia

Positively impact UHS as a student & parent

Future Focused Four-Year Plan

Tips for success

There is help, so please ask!

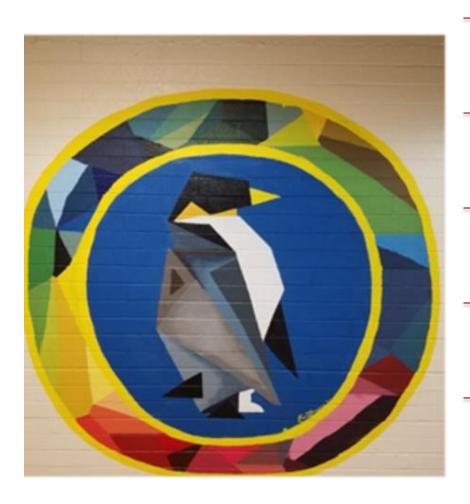
Plan for college

Prepare for testing

- PSAT
- APs

GSRR

Positive Impact



Parent Education Nights

Stay Connected

(Virtual) Coffee with the Principal

Parent Association

Student + Admin book studies

Alternative to PE

UHS Marching Band, Color/Winter Guard, OR a University High School sport

+

MUST complete the Alternative to PE required paperwork. theresa.hurley@tusd1.org

+

Must pass assessment

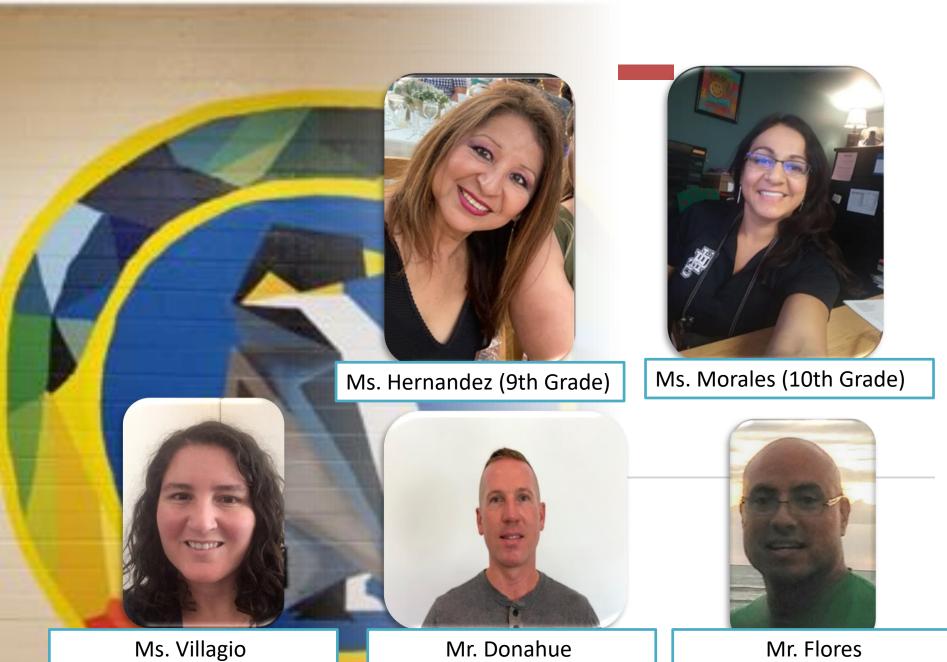


\mathbf{UHSPA}

University High School Parent Association



CCCC Counselors & Coordinators



Mr. Donahue
Junior/Senior Alpha H-O

Junior/Senior Alpha A-G

Mr. Flores
Junior/Senior Alpha P-Z

Lori Minor

lori.minor@tusd1.org

Appointment:

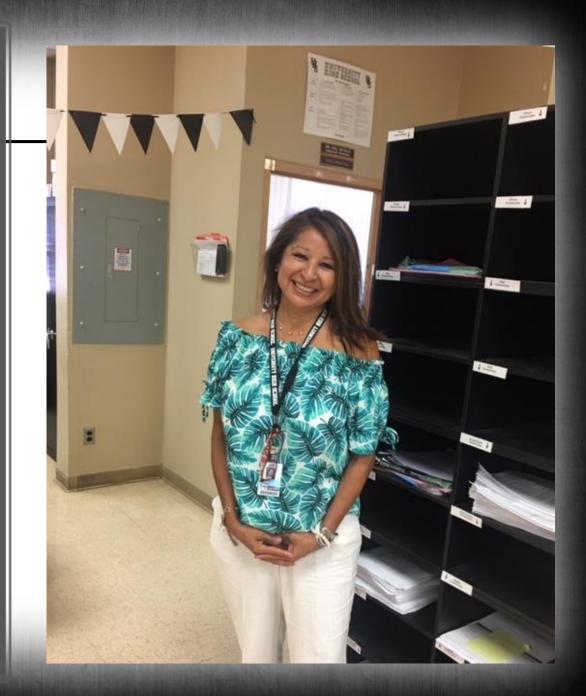
uhs/cccc@tusd1.org





Penguin 2 Penguin & more

Ms. Hernandez Freshman Counselor



I'm here for you!

- Office is in the LL05A
 - PB & J Club
 - Penguin2Penguin Waddles (Get Involved)
 - Ambassadors Club; Representing UHS Everywhere
 - HOBY CLEW; Leadership Conference
- Academic, emotional, mental or social support
- Class or campus challenges
- Waddles
- Maria.Hernandez3@tusd1.org

Help us Help you

- Use the scheduled Conference Periods on Monday, Tuesday, Thursday, & Friday mornings.
- Make the most of your Penguin 2 Penguin connection.
- Find a virtual "study buddy" and/or form a study group.
- Connect with College & Career Counseling Center staff as needed.

Tips & Resources







Use Support Time



Use Asynchronous learning time



Link up with a free peer tutor

Freshmen Year Goal: ENGAGE

- Stay informed through Synergy, the Weekly Penguin, emails, etc.
- Find a club you like & join or start a club of your own
- Participate in virtual school functions!

College Ready & AP Tests



Ms. Palos

megan.palos@tusd1.org



College & Career Readiness Coordinator

Take out your cell phones!

- 1) Enter this number: 81010
- 2) Text the correct code according to your last name:

Last Names	Parents:
A-G>	@uhsp2024ag
H-O>	@uhsp2024ho
P-Z>	@uhsp2024pz

Make sure to join the correct group!

P2P Remind -->

Enter this number

81010



Text this message

@penguin2pe (?

Future Focused Meetings

- At UHS students are Responsible, Respectful,
 & Future Focused
- Attend meetings by <u>English teacher</u> & <u>period</u>
- 8:00am 9:00am conference period
 *must arrive on time!

9th Grade

Meeting 1: Intro to ECAP, reflections & goals, resume

10th Grade

- Meeting 2: interests, preferences & careers
- Meeting 3: career exploration & majors/pathways

11th Grade

- Meeting 4: college search (vocab, tools, resources)
- Meeting 5: college research, update resume
- Meeting 6: college app preparations

12th Grade

- Meeting 7: senior year & post-secondary overview
- Meeting 8: college/post secondarycheck-in, goal setting

ECAP Portfolio

An <u>ECAP</u> (Education and Career Action Plan) reflects a student's current plan of coursework, career aspirations, and extended learning opportunities in order to develop the student's individual academic, career goals and postsecondary plans.

- At UHS, ECAP Portfolios will be completed in Office 365 Notebooks (same TUSD login)
- ECAP Notebooks will be shared with students by the end of August
 - 4 Year Plan
 - Reflection of Interests
 - Major/Career Exploration
 - College/Post-Secondary Research
 - Goal Setting & Action Plans
 - Counselor Meeting Summaries

College & Scholarships

- <u>Research</u> Freshmen should be exploring interests and values.
 What do I like? What do I dislike? What am I passionate about?
 What do I want to do when I grow up?
 <u>www.tusd1.org/careerexploration</u>
- <u>Document</u> Keep a "college" folder with awards, certificates, records of participation, college research, etc.
- <u>Scholarships</u> Begin to learn about scholarships & financial aid. It's never too early to start applying! There's a scholarship for everything (merit, need, athletic, fine arts, specific to college, the year of your birth, hobbies, etc.)
 <u>www.tusd1.org/uhs/scholarships</u>

Preliminary SAT

- 1 of 3 PSAT tests that students will take while at UHS
- The PSAT measures the skills and knowledge needed to be ready for and successful in college & career
- Help you improve your skills and future test scores (SAT)
 - Prediction of SAT score (same scale)
- High scores help with admissions to summer programs & opportunities
- Junior year test can lead to big scholarships!

Freshman Students

- Typically October, TBD (we'll send out info as soon as we have it!)
- 9th grade only cost \$17
- Fee waivers available

PSAT Preparation

- Free practice at <u>www.satpractice.org</u>
 - Made by the creators of the test & Khan Academy
- More testing resources at <u>www.tusd1.org/uhs/testing</u>
- Doorway to College Annual Prep Seminar:
 - Multiple dates/times this Fall
 - Discounted Price \$95
 - Register: <u>www.doorwaytocollege.com</u>
 - Use Coupon Code: <u>RinconTestPrep</u> at checkout
 - 5 hours of instruction
 - Study guide
 - Practice test
 - Test taking methods & time management

AP Testing

 AP exams correspond to the AP classes students are taking this year:

Human Geography & Environmental Sciences

- Passing scores on AP exams can earn students credit at the college students attend OR the ability to move past introductory courses
- High scores can help show college admissions a your proficiency in the subject
- AP exams take place in May, but the registration process begins this Fall

Step 1 – Get Connected to AP!

- Visit: www.collegeboard.org to create a College Board account
 - Make sure account is in the student's name
 - Make sure account is associated with the student's email address one they check frequently
 - Username should be some form of the student's first & last name or their matric # so that it's professional
 - Record this username & password and keep it somewhere safe, you'll need to access this account often throughout their 4 years of high school (PSAT, AP's, SAT's)
- After account is created, they will need to make sure they "Join" the AP online classroom for each AP course they are enrolled
 - These codes come from their classroom teacher and are unique to each Teacher & Class Period

Create CollegeBoard Account Meeting

- Wednesday, August 26th at 8:00am
- Zoom Meeting ID: 895 4754 0944

All students who don't have an account by this date MUST attend the meeting to create an account.

Step 2 & 3 - AP Test Registration

*DO NOT take action yet!!!

Cost \$95/exam

We'll notify you when registration is open & give detailed instruction.

- To register for an AP test, you must complete by Nov 1st
 - 1) Pay a \$40 deposit per exam OR complete a Fee Waiver
 - 2) Register online through your College Board account
- Your deposit & online selection = registration
 - We order exams based on the deposits we receive and your online selection. If both of these steps are not completed by Nov 1, a test will not be ordered!
- <u>Fee Waivers</u>: need-based fee waivers are available if you fill out a fee waiver, do not pay a deposit, but you will still need to select your tests online: https://bit.ly/uhsAPfeewaiver

Assistant Principals

Andrea Evans & Rosalinda Rodriguez





Positive Behavior Intervention Supports

We the Penguins are:

Responsible Respectful Future Focused:

- -What are you putting online?
- -Are you dressing professionally?
- -When you're overwhelmed, are you asking for help?
- -When the pressure is on are you continuing to show academic integrity?
- -Are you pursuing your passions?"

We the Penguins...

	Are Responsible
In the Classroom	Are prepared & on time for class
	Observe academic integrity practices
	 Do not share test information with other students
	• Do not leave class unless we need to use the restroom or have an
	appointment
	Use technology only when applicable
Around Campus	 Throw away trash (our own and others')
	 Take care of other Penguins when they need help
	Carry our student ID at all times
	Use a pass when leaving class
Off Campus	Model leadership
	Lend help to others
	 Follow the rules of the trip or group we are with
	• Are safe and make decisions that would make our community proud of us
	• Take care of one another and respect the physical and social
	boundaries that each of us has
	 Respect one another's privacy and avoid gossip or sharing secrets

We the Penguins...

	Are Respectful
In the Classroom	Celebrate the ideas of others
	 Encourage classroom participation
	 Assist and engage in learning with substitute or guest speakers
Around Campus	 Avoid profanities and degrading vocabulary
	 Greet members of the Penguin community as we see
	them around campus
	 Welcome and assist guests we see on campus
	 Embrace differences in one another
Off Campus	 Showcase our team or group to the best of our ability
	 Celebrate and praise UHS when we are out in public
	 Help people we meet who are in need
	 Avoid addressing concerns about the Penguin
	Community by criticizing them on the internet

We the Penguins...

	Are Future Focused
In the Classroom	 Participate in class Are leaders in groups Seek information Model integrity Ask for help!
Around Campus	 Create positive relationships Attend events (athletics, fine arts, fundraisers) that support other clubs and activities Feed our interests through joining clubs, athletics, fine arts and celebrating peers in our interests
Off Campus	 Avoid behaviors that can negatively impact our health, friendships, and goals Find volunteer and service opportunities that we are passionate about Stand up for what we believe is right Intern, Apprentice, Shadow, Network! Make good decisions about what we put out on the internet (Would we be proud for our boss to see it?)



TUSD Student Code of Conduct

TUSD Student Code of Conduct

Guideline for Student Rights and Responsibilities

http://www.tusd1.org/Information/Resources/Student-Guidelines

Katrina Messing

ALE Program Specialist

Katrina. Messing@tusd1.org

(520) 225-1316



UHS Administration



Joel Bacalia Principal



Andrea Evans Assistant Principal Joel.Bacalia@tusd1.org Andrea.evans@tusd1.org



Rosalinda Rodriguez **Assistant Principal** Rosalinda.Rodriguez@tusd1.org

Support http://www.tusd1.org/uhs/CCCC

Carmen Hernandez

Recruitment & Retention Coordinator & Freshmen Counselor

Marcos Flores

Student Engagement Coordinator & Junior/Senior Counselor

Megan Palos

College and Career Readiness Coordinator & AP Test Coordinator



