University High School

Cultivating Scholars Since 1976

Welcome Class of 2021

UHS Administration

Joel Bacalia
Principal
Joel.Bacalia@tusd1.org

Andrea Evans
Assistant Principal
Andrea.evans@tusd1.org

Rosalinda Rodriguez
Assistant Principal
Rosalinda.Rodriguez@tusd1.org

Principal

Mr. Bacalia

Agenda

Positively impact UHS as a student & parent

Future Focused Four-Year Plan

Tips for success

There is help, please accept it!

GSRR

Plan for college with the CCCC

Prepare for testing
- PSAT
- ACT
- SAT
- APs

Positive Impact

Parent Education Nights

Stay Connected

(Virtual) Coffee with the Principal September 16, 7:30 – 8:30

Parent Association

Student + Admin book studies

What's next?

- ***Check your transcript*:**
  - Make sure grades, classes and credits you have earned appear on your transcript.
  - Are you on track to graduate including Health, PE, and at least 1 Fine Art?
  - Do you want to add (all) or take away (all) of your credits from middle school?

Alternative to PE

UHS Marching Band, Color/Winter Guard, OR a University High School sport

+

MUST complete the Alternative to PE required paperwork. theresa.hurley@tusd1.org

+

Must pass assessment

Katrina Messing

ALE Program Specialist

Katrina.Messing@tusd1.org

(520) 225-1316

PBIS

Positive Behavior Intervention Supports

- We the Penguins are:

  Responsible   Respectful   Future Focused:

  – "What are you putting online?

  – Are you dressing professionally?

  – When you're overwhelmed, are you asking for help?

  – When the pressure is on are you continuing to show academic integrity?
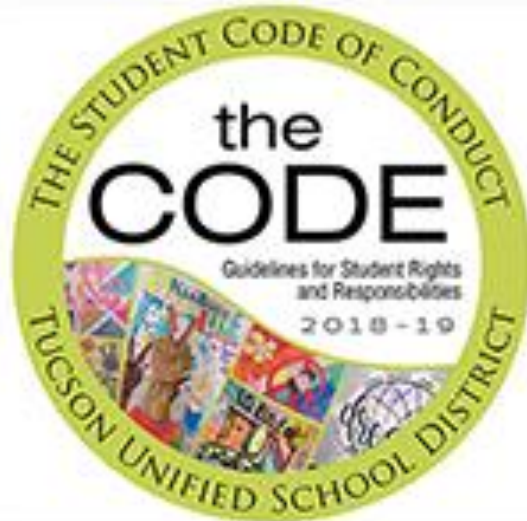
  – Are you pursuing your passions?"

We the Penguins...

	Are Responsible
In the Classroom	• Are prepared & on time for class • Observe academic integrity practices • Do not share test information with other students • Do not leave class unless we need to use the restroom or have an appointment • Use technology only when applicable
Around Campus	• Throw away trash (our own and others') • Take care of other Penguins when they need help • Carry our student ID at all times • Use a pass when leaving class
Off Campus	• Model leadership • Lend help to others • Follow the rules of the trip or group we are with • Are safe and make decisions that would make our community proud of us • Take care of one another and respect the physical and social boundaries that each of us has • Respect one another's privacy and avoid gossip or sharing secrets

We the Penguins...

	Are Respectful
In the Classroom	- Celebrate the ideas of others - Encourage classroom participation - Assist and engage in learning with substitute or guest speakers
Around Campus	- Avoid profanities and degrading vocabulary - Greet members of the Penguin community as we see them around campus - Welcome and assist guests we see on campus - Embrace differences in one another
Off Campus	- Showcase our team or group to the best of our ability - Celebrate and praise UHS when we are out in public - Help people we meet who are in need - Avoid addressing concerns about the Penguin Community by criticizing them on the internet

We the Penguins…

	Are Future Focused
In the Classroom	• Participate in class • Are leaders in groups • Seek information • ==Model integrity== • ==Ask for help!==
Around Campus	• Create positive relationships • Attend events (athletics, fine arts, fundraisers) that support other clubs and activities • Feed our interests through joining clubs, athletics, fine arts and celebrating peers in our interests
Off Campus	• ==Avoid behaviors that can negatively impact our health, friendships, and goals== • Find volunteer and service opportunities that we are passionate about • ==Stand up for what we believe is right== • Intern, Apprentice, Shadow, Network! • ==Make good decisions about what we put out on the internet (Would we be proud for our boss to see it?)==

TUSD Student Code of Conduct

TUSD Student Code of Conduct

Guideline for Student Rights and Responsibilities

http://www.tusd1.org/Information/Resources/Student-Guidelines

College Ready & AP Tests

Ms. Palos

megan.palos@tusd1.org

College & Career Readiness Coordinator

Step 1 – AP Registration – Get Connected!

- Visit: www.collegeboard.org to create a College Board account
  - Make sure account is in the student's name
  - Make sure account is associated with the student's email address – one they check frequently
  - Username should be some form of the student's first & last name or their matric # so that it's professional
  - Record this username & password and keep it somewhere safe, you'll need to access this account often throughout their 4 years of high school (PSAT, AP's, SAT's)
- After account is created, they will need to make sure they "Join" the AP online classroom for each AP course they are enrolled
  - These codes come from their classroom teacher and are unique to each Teacher & Class Period

Step 2 & 3 - AP Registration – Select & Pay

DO NOT take action yet!!!
We'll notify you when registration is open & give detailed instruction.

- Cost $95/exam

- To register for an AP test, you must complete by Nov 1st

  1) Pay a $40 deposit per exam *OR* **complete a Fee Waiver**

  2) Register online through your College Board account

- Your deposit & online selection = registration

  – *We order exams based on the deposits we receive and your online selection. If both of these steps are not completed by Nov 1, a test will not be ordered!*

- <u>Fee Waivers</u>: need-based fee waivers are available - if you fill out a fee waiver, do not pay a deposit, but you will still need to select your tests online: https://bit.ly/uhsAPfeewaiver

Financial Aid Info Night

September 22nd at 6PM via Zoom

Meeting ID: 844 2820 8794 & Passcode: 630553

- What you'll need to complete the FAFSA & CSS Profile
- Tips to help with FAFSA completion
- Important documents & deadlines of financial aid apps

Financial Aid "Open House":

Come to UHS to complete the financial aid applications or ask any questions you have about financial aid (scholarships, loans, grants, etc.)

- ➢ **Thursday, October 1, 3:30-7:00pm**
- ➢ **Tuesday, October 27, 3:30-7:00pm**

By Appointment – schedule at www.tusd1.org.org/uhs/cccc

Choose "Financial Aid & Scholarships" & choose time slot on this date

Senior Portfolio:
DUE Monday, August 31st

1) Resume
2) Supplemental Document (fillable doc online!)
3) Writing Sample (something you've already written)
4) 2 Friend Letters
5) Letters you wrote on behalf of your friends
6) *1 Parent Letter*
7) Application Deadlines Document

All details on Senior Portfolio can be found at:
http://www.tusd1.org/UHS/seniorportfolio

CCCC Counselors & Coordinators
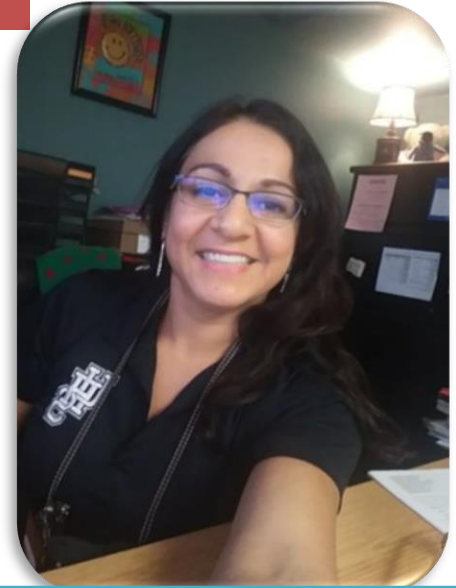
Lori Minor

lori.minor@tusd1.org

Appointment:

uhs/cccc@tusd1.org

Ms. Hernandez (9th Grade)

Ms. Morales (10th Grade)

Ms. Villagio
Junior/Senior Alpha A-G

Mr. Donahue
Junior/Senior Alpha H-O

Mr. Flores
Junior/Senior Alpha P-Z

Meet with your counselor!!!

- Reasons to meet with your counselor
  - Relationship Building
  - Stress management
  - College/Scholarship letters of recommendation
  - College Information
  - Access to college trips/recruiters
  - Scholarship/Financial Aid information
  - Internship opportunities

More Questions? Please email us :)
http://www.tusd1.org/uhs/CCCC

- **Amy Villagio:** Counselor. *Last names A-G*

  Amy.villagio2@tusd1.org

- **Thomas Donahue:** Counselor. *Last names H-O*

  Thomas.donahue@tusd1.org

- **Marcos Flores:** Counselor. *Last names P-Z*

  Marcos.flores@tusd1.org

- **Megan Palos:** College & Career Readiness Coordinator & AP Test Coordinator

  Megan.brown2@tusd1.org

- **Lori Minor:** Writing Specialist

  Lori.minor@tusd1.org

How do I set up an appointment?

- **Go the University High School website**

  http://www.tusd1.org/uhs/CCCC

- **Click on Book Appointment**
- **Choose assigned counselor**

Take care of yourself

- **Sound Mind, Body and Spirit**
- Counteract stress through yoga, breathing breaks, mini-mediations, exercise, and positive self-talk.
- SLEEP!! Sleep deprivation can make you tired, moody, anxious and likely to be depressed.
- Counteract sleep deprivation by Sleeping (at least 8 hours)

Senior Year Resources

Counseling, College, & Career Center Website: www.tusd1.org/uhs/cccc

Book a Counselor Appt	www.tusd1.org/uhs/cccc
Meet with an Admissions Rep	www.tusd1.org/uhs/cccc (sign up on calendar at bottom)
Senior Portfolio	www.tusd1.org/uhs/seniorportfolio
Scholarships	www.tusd1.org/uhs/scholarships
To Register & Send ACT Scores	www.actstudent.org
To Register & Send SAT Scores	www.collegeboard.org
Send your Transcript	www.parchment.com (unless applying through Common App)
Net Price Calculator	https://collegecost.ed.gov/net-price
College & Career Newsletter	www.tusd1.org/uhs/cccc (click link to sign up)
AP Tests	www.tusd1.org/uhs/testing
FAFSA	www.fafsa.ed.gov
CSS Profile	www.cssprofile.collegeboard.org

Sign up for the College & Career Newsletter!

www.tusd1.org/uhs/cccc

September To-Do's

☐ Study for the PSAT (see the Helpful Resources section for links)

☐ Create a professional email (Ex: name.lastname@gmail.com)

Featured College of the Month:
*Cost of Attendance typically includes tuition, room/board, fees, books, personal & travel expenses

Mark Your Calendars!

Tuesday, August 29: Club Fair in the Cafeteria during Conference Period

Friday, September 15th: Half-Day

Tuesday, October 24: TUSD College Night @ 6:30-8:30pm at the Tucson Convention Center

- Over 200 colleges will be present!
- Admissions & parking is free

Wednesday, October 25: PSAT Test Day

- All freshman will take the PSAT at UHS during school hours
- You _must_ pay $17 in the business office (need-based fee waivers available, see Ms. Brown)

Opportunities

College Admissions Info Session! Emory University, Johns Hopkins University, Washington University in St. Louis, University of Virgina & University of Notre Dame

- Wednesday, August 30th @ 7:00PM
- Register here (FREE!) - hosted by The Gregory School
  afterwards

Scholarships

It's never too early to apply for scholarships! Apply early and often.

Arizona Milk Producers Milk Mustache Competition - Weekly winners until November 21, 2017
Take a photo of yourself with a milk mustache somewhere neat or interesting. Take a photo of yourself with a milk mustache somewhere neat or interesting! Weekly winners until Nov. 21st and then top winners will win scholarships up to $12,000.

Social Media Scholarship - DUE: August 31, 2017
Write a short essay explaining how you think social media would, from a future employment prospective, benefit your career and help you become more marketable to potential employers.

We the Future Contest - Application DUE: September 17, 2017
Create an entrepreneurial, petition/essay, song, STEM, short film, or PSA about the constitution.

Hiking Ambition Scholarship - Application DUE: September 30, 2017
Create a piece of content between 500 – 1,000 words promoting a practical approach to a healthy lifestyle during high school, college or university years (whichever is relevant to you) and how these habits can be sustained over a lifetime.

Montem Health & Wellness Scholarship - Application DUE: September 30, 2017
Create a piece of content between 500 – 1,000 words promoting a practical approach to a healthy lifestyle during high school and how these habits can be sustained over a lifetime. Please demonstrate knowledge of health and wellness and discuss why healthy living is a lifetime endeavor.

University High School College & Career Newsletter September 2017

Want this newsletter sent directly to your email so it's easier to read? Sign up here: http://eepurl.com/c0H8kz

Class of 2021,

Welcome back to school and congratulations on your first month at UHS! I know you've already been hard at work with your studies and getting to know a new school. I hope these first few weeks of school have been great!

As you continue through your year, I'll be sending out these monthly newsletters to help you stay on top of the steps that will help you in high school and beyond. Following the items in the "to-do" list

Join Remind

- To the number 81010, text:

Last Names...	Students:	Parents:
A-L	@uhs2021al	@uhsp2021al
M-Z	@uhs2021mz	@uhsp2021mz

- *Please only sign up for the correct code, otherwise our Remind account won't work*

Event	Date
UHS Club Fair	August 31 & September 1 during Conference period
P/T Conferences	September 17 4:00 - 6:00 via Zoom
Half Day	September 18th
Graduation Update Meeting/Announcement	Before December

Takeaways

- Positively impact UHS as a student & parent
- Plan for College
- Prepare for testing
  - APs
- GSRR – Code of Conduct
- Work with your counselors
- Healthy ways to deal with stress
- Graduation

Penguin Pride!

Questions?