



RINCON UNIVERSITY

Parent-Athlete Meeting

August 6, 2019

Welcome!

- Tina Rowe, Athletic Secretary
232-5608
- Dave LePeau, Athletic Director
dave.lepeau@tusd1.org
232-5908



@RUrangers



@RUrangers

Character > Process > Results



Benefits of Participation

1. Higher GPA
2. Higher Graduation Rate
3. Higher Career Earnings
4. Lower Discipline Referrals
5. Higher Test Scores



Seasons of Sport

Fall

Aug. 12, 2019

- Cross Country
- Football
 - Started Aug. 5
- Golf
- Swim
- Girls Volleyball
- Spiritline
 - Starts Aug. 7

Winter

Nov. 4, 2019

- Basketball
- Soccer
- Wrestling

Spring

Feb. 19, 2020

- Baseball
- Softball
- Tennis
- Track & Field
- Boys Volleyball



Clearance for Participation

All athletes must be cleared through the Athletics Office prior to participation.

- First Time Athletes
 - Brain Book
- Annually
 - Current Physical (AIA Form)
 - Online ATS registration (4 Forms)
 - \$65 participation fee



AIA Eligibility Rules

- **Prior Contact**
 - AAU, Club, Camps or other non-school teams
 - Ineligible for 365 days
- **Recruitment**
 - Recruitment is defined as the act of influencing a student to enroll in a school or to transfer from one school to another in order that the student may participate in interscholastic athletics.
- **Nonschool Participation**
 - Not allowed during season of sport with **team sports**
 - *EXAMPLE: A basketball player may not play for another basketball team or league during the basketball season but they may play for a volleyball team or league*



Eligibility Rules

- Academic Eligibility
 - Run every 2 weeks
 - Can Gain or Lose eligibility
 - First Report
 - September 5, 2019
 - Two Day Grace Period
- TRANSFER STUDENTS
 - Need to see Athletic Director ASAP
 - If you transfer there is a good chance you will have to sit 50% or 100% of the season



Where to Find Info

- School Website
 - Rincon** - www.tusd1.org/rincon/Interscholastics
 - University** - www.tusd1.org/uhs/Athletics
- AZpreps365.com
 - Official Schedules
 - State tournament information
 - Section rankings
 - Power point rankings



Admission Fees

- Tickets
 - Football
 - Adults \$5
 - High School Students w/school ID \$4
 - Age 6 – Middle School \$4
 - 6 Years and under FREE
 - All other sports
 - Adults and Students \$4
 - 6 Years and under FREE
 - **\$30 All-Sports Pass**
 - Post Season
 - \$5-\$15 (Depending on the round and sport)



Spirit Gear

- Finance office

- \$15 hats
- \$20 polos



- Custom items!

- Facebook and website Sideline Store



Support RUHS Athletics

- **Promote an event or a business** by advertising with RUHS.
- RUHS hosts an estimated 18,000 visitors to sporting events each year.
- On average 22,000 cars drive by Swan Rd. each day.
- Phone: 232-5908
- Email: dave.lepeau@tusd1.org



Tax Credit!

- \$200 per single individual or \$400 if married
- Dollar for dollar refund on Arizona state taxes!

We can use this tax credit contribution for:

- Pay for coaches stipends
 - Equipment, uniforms and more
-
- Visit our interscholastics webpage or the finance office



How Students can Succeed

- MAKE SURE YOU
 1. ARE HERE
 2. ON TIME
 3. ARE PREPARED – HW/EXAMS/PRACTICES/GAMES
 4. USE **CONFERENCE PERIOD**
 5. COMMUNICATE – YOU/TEACHERS/COACHES
 6. HAVE A POSITIVE ATTITUDE
 7. TURN IN ALL YOUR WORK!



Resolving Issues

1. Son or Daughter
2. Sport level coach
3. Varsity coach (Head of the program)
4. Athletic Director/Assistant Principal
 - Report any inappropriate contact between coach and athlete immediately
5. Principal
6. Interscholastics

“Prepare your child for the road, not the road for your child”.



Sports Injuries

- Injuries will happen
- Some are avoidable
 - Stretching
 - Nutrition/hydration
 - Wearing appropriate equipment
 - Recognition and treatment is essential
- Notification of Athletic Trainer/Coach
 - We cannot help if we do not know
- Doctor Releases- must be written



Concussions

- Unfortunately they are common in athletics
 - We cannot help if we do not know
- New guidelines
 - Baseline testing
 - New return to play guidelines
- How you can help...
 - Know your child
 - Symptoms (headaches, vomiting, dizziness, blurred vision...etc).
 - Report any concerns to school nurse or athletic trainer
 - If in doubt contact a doctor



Hygiene

- Good hygiene will lessen disease transmission
- Wash hands regularly
- Wash practice clothes often
 - This includes some braces and pads
- Shower asap after practice and games



Character & Respect

- At Practice
- Classroom
- Away from School
- During Competition



Sportsmanship

Sportsmanship is the responsibility of everyone:

- Coaches
- Athletes
- Parents
- Spectators

Do your part by always cheering in the positive!
Remember that each athlete out there is
someone's son or daughter.



Transportation

All athletes are expected to ride district transportation. If they are going to ride home with their parent, it should be noted on ATS and there should be a face to face handoff with the coach.

Only a parent or guardian may transport their child from games. Carpooling is not allowed. **Under no circumstances can a student transport other students.**



P.E. Credit

- All athletes can earn P.E. Credit for their participation in sports.
- Packets can be picked up in the counseling office and must be submitted as soon as possible.



Scholarships

- No. 1 Myth About Playing in College
 - Coaches and AD's are here to assist
- Need to see AD about getting into the NCAA clearing house
- Need good grades!
 - DIII offers no athletic scholarship
 - Most athletic scholarship are partial
- Last year RU had **12** athletes sign to play at the next level.



Multi-Sport Athletes

- Multi-Sport Athlete recognition
 - Nike SWAG
- Clubs
 - Promising scholarships
 - Less than 2% of Senior HS Athletes receive Athletic Scholarships
 - The average athletic scholarships is under \$11,000
 - The average annual cost of college is \$35,000



Uniforms & Security

- Athletes are responsible for their school issued uniforms. If they lose them or damage them in any way (i.e. through laundering), they will be charged for the cost of replacing the uniform at the replacement cost. Uniforms will be collected immediately following the last competition.
- Athletes **must** lock up their belongings!



Head Coaches

Fall

- Tawnee Arrieta
Girls Swim
- Mason Harrison
Boys Swim
- Stephen Huff
Girls Volleyball
- Mike Pratt
Girls Cross Country
- Mario Reyes
Boys Cross Country
- Dave LePeau
Girls Golf
- Tim Batten
Boys Golf
- Paris Martin
Spiritline
- Mike Strack
Football

Winter

- Rich Utter
Boys Basketball
- Darryl Carlson
Girls Basketball
- Roxanne Taylor
Boys Soccer
- Chris Cox
Girls Soccer
- Matthew Adami
Boys & Girls Wrestling

Spring

- Jerry Wessles
Baseball
- Dean Misenhimer
Softball
- Julian Mirano
Boys Tennis
- TBD
Girls Tennis
- Mike Pratt
Boys Track
- Melissa Slade
Girls Track
- Stephen Huff
Boys Volleyball

